

Interpersonal Skills: Myers-Briggs Type Indicator (Level Two: Other)

- **Summary:** It's no secret that employers look for employees with the ability to interact well with others and appreciate differences. As most of my tutors are in their late teens and early twenties, they are still discovering themselves. The purpose of this training is to nurture those soft skills and help my tutors better understand how they currently communicate with others as well as perhaps how they could improve upon these skills in the future.
- **When Covered:** March
- **Amount of Time:** 120 minutes
- **Desired Outcomes:**
 - Increase self-awareness and confirm self-perception
 - Enhance your understanding of others
 - Identify sources of conflict
 - Appreciate and capitalize on strengths
 - Supplement and augment non-preferences
- **Materials Required:**
 - *Steps to Completing the Myers-Briggs* – one per tutor
 - *Myers-Briggs Worksheet: Characteristics Frequently Associated with Each Type* – one per tutor
 - *Myers-Briggs Worksheet* – one per tutor
 - *Myers-Briggs Worksheet: MBTI Emerging Leaders* – one per tutor
 - *Myers-Briggs Worksheet: MBTI Occupations* – one per tutor
- **Presenter Preparation Required:**
 - Contact Career Services Department to check availability of speaker.
 - Reserve a room through the Academic Skills Center secretary at least one month prior to presentation; ensure that this room has a computer, projector, and screen.
 - Gather materials and photocopy necessary documents.
 - Update the Angel website with these materials.
- **Activities:**
 - Before Presentation
 1. Student must contact Career Services and gain access to MBTI.
 - During Presentation
 1. Student will receive copy of results, hear presentation, receive materials, and better understand what their personality type means for them in terms of
 - Leadership skills
 - Personality characteristics
 - Potential occupations to explore
- **Training Modes Used:**
 - Face-to-Face Discussion
 - Handouts

- Website
- Workshop Instruction: Presentation Led by Career Services Staff Member