

Study Smarter, Not Harder

Basic Learning Styles Worksheet: Ways to Study More Effectively

VISUAL:

- 1. TAKE NOTES DURING CLASS – SO YOU CAN SEE THE MATERIAL.**
- 2. USE COLOR-CODED HIGHLIGHTING.**
 - **DEFINITIONS IN ONE COLOR**
 - **WHEN TEACHER SAYS, “THIS WILL BE ON TEST,” HIGHLIGHT IN A PARTICULAR COLOR**
- 3. USE GRAPH PAPER TO CREATE CHARTS AND DIAGRAMS THAT DEMONSTRATE KEY POINTS.**
- 4. MAKE FLASHCARDS – THE ACT OF CREATING AND VIEWING DOUBLES YOUR RETENTION**
- 5. CREATE GRAPHIC REPRESENTATIONS**
- 6. HAVE THEM USE MNEMONICS, ACRONYMS, VISUAL CHAINS, AND MIND MAPS.**
 - **EXAMPLE (HOMES: HURON, ONTARIO, MICHIGAN, ERIE, AND SUPERIOR)**

AUDITORY:

- 1. TALK TO YOURSELF – READ EXPLANATIONS AND DIRECTIONS OUT LOUD.**
- 2. REASON THROUGH SOLUTIONS OUT LOUD**
- 3. TALK TO SOMEONE ELSE – EXPLAIN THE MATERIAL TO A FRIEND OR ROOMMATE**
- 4. RECORD YOURSELF – READ YOUR TEXTBOOK OR NOTES INTO A RECORDER AND LISTEN TO IT IN YOUR CAR OR WHILE YOU EXERCISE.**
- 5. MAKE UP A SONG USING SUBJECT MATERIAL – THE CRAZIER THE BETTER.**
- 6. JOIN OR CREATE A STUDY GROUP – DISCUSSION WILL HELP YOU LEARN.**
- 7. GO OVER ALL IMPORTANT FACTS ALOUD**

TACTILE:

- 1. HOLD YOUR BOOK WHILE YOU ARE READING OR TALKING.**
- 2. WRITE WHILE YOU ARE READING OR TALKING; WRITE INFORMATION REPEATEDLY**
- 3. CHEW GUM WHILE YOU STUDY AND WHILE YOU TEST.**
- 4. SIT IN THE FRONT OF THE CLASSROOM TO AVOID DISTRACTIONS AND STAY FOCUSED.**
- 5. USE RHYTHM TO MEMORIZE OR EXPLAIN SOMETHING.**
- 6. USE COMPUTERS TO REINFORCE LEARNING USING YOUR SENSE OF TOUCH.**
- 7. MAKE FLASHCARDS**
- 8. USE HANDS-ON EXPERIENCE AND LAB TIME WHEN POSSIBLE**