The need to be needed. We all have it, but as some adults get older it becomes more challenging to satisfy that desire. The Senior Companion Program understands that desire and offers adults, age 55 and older, a volunteer opportunity to feel needed and appreciated by assuming a meaningful role in the life of a homebound senior.

Serving Grundy, Iroquois, Kankakee, and Will Counties

Who can be a Senior Companion Volunteer?

Senior Companion Volunteers must be at least 55 years old and meet income eligibility requirements. They must also participate in a pre-service orientation and training workshops throughout the year. The three main responsibilities of being a Senior Companion are to provide socialization opportunities for clients, provide transportation to medical offices and grocery stores, and to provide respite relief for family members caring for a loved one.

Senior Companion Volunteers generally visit with two to four individuals for a total of 15 to 20 hours per week.

What are some of the activities that Senior Companion Volunteers participate in?

- Sharing a meal together
- Reminiscing about old times
- Playing cards or games
- Providing respite care so family members can take a break
- Providing transportation to doctor’s appointments or grocery stores

What are the benefits of being a Senior Companion Volunteer?

- A modest tax-free stipend
- Reimbursement for transportation costs
- Accident and liability insurance while on duty
- Annual recognition events

To learn more about becoming a Senior Companion Volunteer,
in Will and Grundy County call: 815.724.1157
in Iroquois and Kankakee County call: 815.933.7791 ext 9922